



LGBTQ+ Resources in Whatcom County

Youth & Family Resources

Queer Youth Project: 360-303-7991

Northwest Youth Services, 1020 N. State Street

Contact: April Hinkle-Johnson, Queer Youth Project Coordinator (aprilh@nwys.org)

<http://www.nwys.org/queer-youth-project/>

- Offers family reunification, safe & culturally competent referrals, educational support & leadership, monthly social activities for LGBTQ youth and allies, LGBTQ youth safety & resiliency trainings for community members+
- Information on queer-friendly businesses, faith-based organizations, and public services available upon request

Whatcom Parents, Friends, & Families, of Gays & Lesbians (PFLAG): 360-255-3408

whatcompflag@gmail.com

<http://www.whatcompflag.org/>

- Promotes the health and well-being of gay, lesbian, bisexual, transgender, Intersex, and Asexual persons, their families and friends through support, education, and advocacy

Trans Resources

Center for Gender Sanity: 360-398-2878

director@gendersanity.com

<http://www.gendersanity.com/>

- Assists with all aspects of transition in the workplace, consult with employers and HR professionals to guide them through an employee's change to a different gender presentation, and offers diversity training specifically on transgender issues for all levels of management and workers

Planned Parenthood: 360-734-9095

1530 Ellis St.

<https://www.plannedparenthood.org>

- Non-profit family planning organization that has been helping women, men and teens make responsible choices about their sexual health since 1969; offers transgender hormone services

Support Groups

Washington Gender Alliance Support Group

Tuesdays 7:30-9pm

St. James Presbyterian Church, 910 14th St. Bellingham, WA 98225

- Community-oriented, peer-facilitated, open support group for people who are transgender, gender variant or whose lives may be directly or indirectly involved with a transgender or gender variant person

Parents of Transgender/Gender Non-Conforming Children: 1-855-4GENDER

Fairhaven Bike and Ski Building (top floor), 1108 11th St, Suite #304

2nd Sunday of every month 3:30pm to 5:30pm

**Brief intake required by phone*

<http://www.genderdiversity.org/family-support-groups/>

Queer Youth Project Support Group: 360-734-9862

Call for location

Tuesdays and Thursdays 3:30-5pm

- A safe and confidential weekly support group for lesbian, gay, bisexual, transgender, queer, questioning, and ally 14-18 year olds

PFLAG Support Group: 360-255-3408

Community Food Co-op Bakery, 405 E. Holly Street

1st Sunday of every month at 5pm

<http://www.whatcompflag.org/>

HIV/AIDS Resources

Sean Humphrey House: 360-733-0176

1630 H Street

<http://seanhumphreyhouse.org/>

- Sean Humphrey House is a 501(c)(3) nonprofit organization in Bellingham, Washington whose mission is to optimize the quality of life for low-income individuals living with HIV/AIDS, who may also suffer from other diseases and disabilities, and who are unable to live independently

Evergreen Wellness Advocates: 360-671-0703

115 Unity Street Suite 302

<http://ewadvocates.org/>

- Free support, education, advocacy, and medical case management for individuals diagnosed with HIV

Mental and Behavioral Health Resources

Katie Plewa Olvera, PsyD

360-305-3909

katie.olvera@outlook.com

<http://www.kpocounseling.com/>

**Interests: DV, SA, LGBTQ+ issues*

Claire Mannino, MS, LMHC, NCC

360-224-5334

bhamcounseling@gmail.com

<http://www.bellinghamcounseling.org>

**Interests: Alternative relationships/kink, LGBTQ+, teens, & gender identity issues*

Jenny Arm, PhD

360-746-6148

drjennyarm@gmail.com

<http://www.jenniferarm.com>

**Interests: Queer & trans issues*

Miranda Meagan Keefe

(360) 207-0589

**Interests: Sexual abuse, trauma & PTSD, gender identity, & LGBTQ+ issues*

Tara Ettlin, MS, LMHC

360-734-7310 x4515

<http://www.baysidetherapy.com/>.

**Interests: Gender identity, gender dysphoria, & women's issues*

Karen Hansey, MA, LMHC

360-393-7552

info@kulshancounseling.com

<http://www.kulshancounseling.com/>

**Interests: SA, PTSD, & LGBTQ+ issues*

Mark Dooley, MA, MES, LMHC, CMHS

360-303-0695

<http://markdooley68.com/>

**Interests: Trauma, Native American, HIV+, & LGBTQ+ issues*

Lisa Harmon, MS, LMHC

(360) 610-4082

**Interests: Post-Partum Depression, HIV+/AIDS, & LGBTQ+ issues*

Other Local Resources

Queer Resource Center: 360-650-6120

Western Washington University, 516 High Street, Viking Union 515

- Provides non-judgmental and unbiased programs, safe space, and resources to both students who identify as Queer and their allies

Bellingham Pride: 360-389-2929

info@bhampride.org

<http://bhampride.org/>

- Annual festival and parade celebrating the LGBTQQI2A community; volunteer opportunities available

National Hotlines

Gay, Lesbian, Bisexual, Transgender (GLBT) National Hotline: 1-888-843-4564 (24/7)

- GLBT National Youth Talkline 1-800-246-PRIDE (7743)
- Trans Teen Online Talk Group for teens 12-19 Wed 4-6pm pacific
- Online Peer Support Chat

<http://www.glbthotline.org/>

Trevor Project: 1-866-488-7386 (24/7)

<http://www.thetrevorproject.org/>

- Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24

Trans Lifeline: 877-565-8860

<http://www.translifeline.org/>

- Hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

Skagit & King County Resources

Cascades Rainbow Community Center (360) 840-8499

1508 N 18th St

Mount Vernon, Washington

<http://cascaderainbow.org>

- Aims to build hope and understanding; promote equality, cohesion, and visibility in the community; and elicit action and spread truth through education
- Home to the largest collection of LGBT books, newspapers, and zines in Skagit County

Gay City LGBTQ Center: 206-860-6969

517 E Pike Street, Seattle, WA, 98122

info@gaycity.org

<https://www.gaycity.org>

- Promoting wellness in LGBTQ communities by providing health services, connecting people to resources, fostering arts, and building community

Lambert House: 206-322-2515

1818 15th Ave, Seattle, WA 98122

Drop-in center hours: Mon-Fri 4pm-9:30pm

<http://www.lamberthouse.org/>

- Center for Gay, Lesbian, Bisexual, Transgender and Questioning youth that empowers youth through the development of leadership, social and life skills.

Northwest Network: 206-568-7777

P.O. Box 18436, Seattle, WA 98118

info@nwnetwork.org

<http://www.nwnetwork.org/>

- Works to end abuse in our diverse lesbian, gay, bisexual and trans communities. Offers advocacy and support for survivors, community engagement and education, youth programs and activities, and provider training and technical assistance.

Seattle Children's Gender Clinic: 206-987-2028

4800 Sand Point Way NE, Seattle, WA 98105

<http://www.seattlechildrens.org/clinics-programs/gender-clinic/>

- Cares for children, adolescents, and young adults whose gender identity is different from their sex at birth or who do not identify with traditional definitions of male or female

Seattle Counseling Services: 206-323-1768

1216 Pine Street Suite 300, Seattle, WA 98101

<http://www.seattlecounseling.org/>

- Community based organization that has been dedicated to promoting health and wellness within the LGBTQ community for 45 years.

Online Resources

Asexuality Visibility & Education Network (AVEN)

<http://www.asexuality.org/>

- Hosts the world's largest online asexual community as well as a large archive of resources on asexuality

Bisexuality Resource Network

<http://biresource.org/resources/>

- Committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people

FORGE

<http://forge-forward.org/>

- FORGE is a national transgender anti-violence organization that provides direct services to transgender, gender non-conforming and gender non-binary survivors of sexual assault
- Provides training and technical assistance to providers around the country who work with transgender survivors of sexual assault, domestic and dating violence, and stalking

Gays & Lesbian Alliance Against Defamation (GLAAD)

<http://www.glaad.org>

- As a dynamic media force, GLAAD tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change

Gay, Lesbian, and Straight Education Network (GLSEN)

<http://www.glsen.org/>

- Leading national education organization focused on ensuring safe and affirming schools for LGBTQ students

Gay Straight Alliance (GSA) Network

<http://gsanetwork.org/>

- Next-generation LGBTQ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities

Human Rights Campaign (HRC)

<http://www.hrc.org/>

- The largest national lesbian, gay, bisexual, transgender and queer civil rights organization, HRC envisions a world where LGBTQ people are ensured of their basic equal rights, and can be open, honest and safe at home, at work and in the community

Transgender Housing Network

<http://www.transhousingnetwork.com>

- A temporary housing network intended to connect trans people in need with safe and supportive places to crash