



Addiction Recovery Resources

Hotlines & Support Groups

Alcohol & Other Drug Consultation & Assessment Services (ADCAS)*

**Available only to Western Washington University Students*

360-650-6865

516 High Street, Old Main 560C, Bellingham

ADCAS is a confidential and non-judgmental service to ALL students who want to talk about issues regarding alcohol or other substances

Support Groups:

- *Collective Strength: An on-campus group that meets weekly to share the common goal of staying free from alcohol and other drugs. Give and receive peer support in regards to the strengths and challenges that can make sobriety at college not always easy. **Mondays 5:00-6:30pm in VU 432***
- *Finding YOUR Balance: Not happy with the experiences you have had regarding alcohol or other substance use? Thinking about taking steps to moderate your use? Come discover what YOU WANT to have happen in your life, regarding partying or using with friends. **Thursdays 5:00-6:30pm in VU 432***

Alcohol Drug Help Line

24/7 Treatment Referral Line: 206-722-3700

adhl.org

Cocaine Anonymous

24-Hour Hotline: 1-800-723-1923

caofwa.org

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem, and help others to recover from their addiction

Support Groups:

- *Freedom Fighters*
3rd Friday of the month, 7:00-8:00 p.m.
1113 11th Street, Bellingham
- *District 1 - Bellingham/Mount Vernon*
4th Sunday each month, 6:00 p.m.
Mount Vernon Senior Center, 1401 Cleveland Street, Mount Vernon

Northwest Washington Area Narcotics Anonymous

24-Hour Hotline: (360) 647-3234

nwwana.org

Narcotics Anonymous is a non-profit fellowship of people who suffer from the disease of addiction. **Call or visit website for meeting times.**

Washington Recovery Help Line

24-Hour Hotline: 1-866-789-1511

Confidential crisis intervention and referral line for those struggling with issues related to mental health, substance abuse, and problem gambling

Whatcom County Alcoholics Anonymous

Hotline: (360) 734-1688, (360) 318-5764 (Español)

whatcomaa.org

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. **Call or visit website for meeting times.**

Whatcom County Al-Anon

Hotline: 360-671-5444

To hear a recording of Whatcom County meetings, call 866-259-8279 (toll-free)

whatcomafg.org

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. **Call or visit website for meeting times.**

Alateen

Alateen is part of Al-Anon Family Groups. Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Alateen groups are sponsored by Al-Anon members who help the group to stay on track. **Call or visit website for meeting times.**

Treatment Programs

Belair Clinic

360-714-1294

1130 N. State St., Bellingham

belairclinic.com

Outpatient services for both adults and youth in Whatcom County

Services include:

- Alcohol and Drug Information School
- DUI Assessments and Evaluations
- Outpatient Treatment - Level 1 and 2
- Counseling for Couples and Families
- Individual Therapy Sessions
- Detox Support Services
- Referral to Local Suboxone Providers

Bridges Treatment & Recovery

Bellingham Location: 360-714-8180

1221 Fraser St. Suite E-1, Bellingham

Ferndale Location: 360-393-4218

6044 Portal Way #103, Ferndale

bridgestreatment.com

Services include:

- DUI Assessments & Treatment
- DOL Assessments & Treatment
- Self-Referral Drug & Alcohol Assessments
- Outpatient Drug & Alcohol Treatment
- MRT (Moral Reconciliation Therapy)
- Youth Programs & Assessments
- Deferred Prosecution
- Intensive Outpatient Treatment (IOP) Level 2.1
- Individualized Heroin & Meth Treatment Programs
- Relapse Prevention Planning
- After Care (Generally follow up care for after inpatient treatment)
- Alcohol & Drug Information School (ADIS)
- Individual Counseling
- Family Programs for the drug addict and alcoholic
- Employer Mandated Treatment
- Inpatient Treatment Referrals

Catholic Community Services NW Recovery Centers

360-676-2187

515 Lakeway Dr., Bellingham

ccsww.org

The CCS NW Recovery Centers provide a full continuum of outpatient chemical dependency treatment services in Snohomish and Whatcom counties. CCS provides treatment to youth, adults, and their families.

Contact Counseling

360-671-3277

1118 Finnegan Way, Suite 103, Bellingham

contactcounseling.com

Conducts professional chemical dependency evaluations and family intervention services

Lummi Chemical Addiction Recovery and Education (CARE)

360-312-2420

2530 Kwina Rd. CARE Picture Bldg., Bellingham

Education and treatment to Native American families in the area of chemical dependency within a comprehensive outpatient counseling program. Services include:

- ASAM evaluations
- Referrals to inpatient treatment
- Intensive outpatient treatment
- Outpatient Aftercare
- Relapse Prevention
- Men's & Women's Aftercare
- Youth Intensive Outpatient group
- Adult Drug Court Clients
- Youth Juvenile clients
- Domestic Violence Groups Men/Women
- Anger Management Groups
- ADIS Alcohol Drug Information School

Nooksack Tribes Genesis II

360-966-7704

2505 Sulwhanon Dr., Everson

Nooksack Tribes Genesis II focuses on the treatment of substance abuse treatment services. Provides outpatient substance abuse treatment and structured programs or groups for co-occurring mental and substance abuse disorders, persons with HIV or AIDS, persons identified as LGBT, older adults, pregnant/postpartum women, adult women, adult men, DUI/DWI clients, and clients referred from the court/judicial system.

Sea Mar Community Health Clinic Chemical Dependency Services

360-734-5458

3350 Airport Dr., Bellingham

seamar.org

State-licensed community mental health agency accredited by The Joint Commission which meets all requirements for court-mandated services. Multidisciplinary practices to develop and maintain personalized treatment goals. Clients are encouraged to include their families and members of their social support system in their treatment. Practitioners include mental health therapists, chemical dependency counselors, psychiatric advanced registered nurse practitioners, and psychiatrists specialize. Provides culturally-competent services and evidence-based practices. Serves clients of any age, religion, ethnicity, or sexual orientation and regardless of income, occupation, gender, immigration status, or citizenship status. Many on staff speak more than one language.

- Drug and alcohol evaluations (English and Spanish)
- DUI assessments
- Deferred prosecution
- Relapse prevention
- Monthly monitoring
- Aftercare
- Intensive outpatient treatment
- Women's group

Sea Mar Visions Youth Treatment Center

360-647-4266

1603 E. Illinois, Bellingham, WA 98226

Provides intensive inpatient mental health & chemical dependency services **for adolescent females, ages 14-17**. Mental health and chemical dependency professionals work in collaboration with medical and dental staff, nutritionists, and educators to ensure that clients receive a whole person intervention.

Services include:

- Daily group therapy to address chemical dependency education and treatment
- Individual counseling/therapy
- Mental health services, including dialectic behavioral therapy, MRT and EMDR
- Highly structured recovery environment
- 12-step meetings
- Nutrition classes
- HIV/AIDS education
- Life-skills training
- Comfortable sleeping accommodations
- Well-balanced meals
- Supportive staff on site 24-hours a day
- Recreational activities and outings
- School hours for high school diploma or GED

Washington Community Detox (Pioneer Human Services)

360-676-2020 ext. 5

2030 Division St. #B, Bellingham
pioneerhumanservices.org/treatment

Whatcom Community Detox provides a monitored setting for the safe withdrawal from alcohol and other drugs. The detoxification is provided in a sub-acute (non-medical) unit where intensive medical monitoring is not required. Individuals can self-refer to the center. Also accepts referrals from law enforcement, hospital emergency departments, mental health agencies, and family or friends of the client.

Waterfront Counseling

360-332-1000

228 Cherry St, Blaine

Substance abuse treatment center offering day treatment, DUI assessments, outpatient services, and Alcohol and Drug Information School (ADIS) classes

Westcoast Counseling and Treatment Center

360-647-7577

1200 Dupont St., Suite 1A, Bellingham

Provides outpatient substance abuse treatment service, serving criminal justice clients. Hours: M-Th: 9am-6pm.
F: 9am-2pm

Whatcom County Health Department

360-778-6000

After Hours Emergency: 360-715-2588

509 Girard Street, Bellingham

<https://www.whatcomcounty.us/360/Health-Department>

The Whatcom County Health Department offers general information regarding what services are offered at local treatment agencies. Please visit the Whatcom County Health Department website for more information. Hours: M-F, 8:30am-4:30pm

Whatcom County State-Certified Alcohol/Drug Assessment & Treatment Agencies

<http://www.whatcomcounty.us/documentcenter/view/9035>

Clean and Sober Housing

Maplewood House

360-306-8932

2710 W. Maplewood, Bellingham

Co-ed clean and sober housing

Oxford House

oxfordhouse.org

Democratically run, self-supporting and drug free home. Separate houses for men and women. To become a resident at an Oxford House, you must call the individual house to schedule an interview, complete an application, and be accepted. **Call or check website for vacancies.**

- *Oxford House View Ridge (men only)*
2323 View Ridge Drive, Bellingham
360-393-4328
- *Oxford House Connelly (men only)*
2804 Connelly Ave, Bellingham
360-778-3304
- *Oxford House Journey (women & children only)*
2412 Yew Street Road, Bellingham
360-306-8561
- *Oxford House Riverside Hill (women & children only)*
214 East Spruce Street, Mount Vernon
360-873-8584

Stepping Stones Clean and Sober Housing

360-671-5586

Main Office: 2820 Eldridge Avenue, Bellingham

Office hours: Tuesday, Thursday 11am-3pm

3 clean and sober houses **(1 co-ed and 2 men only)**

Call for intake